



My Short Break

Our team at *Charlie Takes A Break* will work with you to ensure you select the perfect Short Break that aligns with your interests and NDIS goals.

Short Breaks are all inclusive of

- accommodation - you will enjoy your own private space (bedroom and bathroom usually)
- meals and snacks in line with your specific dietary requirements
- transportation in the community (including pick up to and from your home in the Adelaide metro area)
- activities and entrance fees (as indicated)
- support of a trained and experienced mental health worker who is available 24/7.

Charlie Takes a Break provides a great respite and short break experience for you, usually without any out of pocket expense.

Short Breaks should align with your NDIS goals and are funded through your NDIS core support package. **For participants who live with, or receive at least 6 hours of daily care from informal supports, funding is available through Short Term Respite.**

If you have other funding options you are also encouraged to enquire.

We will arrange to meet with you in advance to explore your unique needs and requirements to ensure that your Short Break is the experience you are looking for.

About Charlie Takes a Break

Charlie Takes a Break offers you an NDIS sponsored Short Break or respite from your day to day life. You will have the opportunity to relax and refresh, enjoy some great activities and experiences, meet some new friends and have some fun in a safe, supported and comfortable environment.

Our recovery focused Short Breaks involve a small group of 3 participants with the support of a trained and experienced mental health worker.

Short Breaks are themed to reflect the activities and things that are important to you, and that you enjoy. Whether it's art or animals, bowling or BBQs, we have a Short Break just for you.



NDIS Respite • Short Breaks • Experience

Spring 2026 Short Breaks



If you have any queries or would like to know more **please contact us:**

P 0422 013 092

E hello@charlietakesabreak.com.au

W charlietakesabreak.com.au



Fins and Fur

12-16 Oct



Dolphin Tour

Monarto Safari Park

Cinema Experience

Stay at Marion Caravan Park

Spring Break

19-23 Oct



Guided Art Class

Carrick Hill Tea and Scones

Spring in the Hills Gallery Tour

Stay at Marion Caravan Park

Photo by Art Gallery of South Australia

Fun n Games

26-30 Oct



Virtual Reality Game

Go Karting

Laser Tag

Stay at Marion Caravan Park

Photo by Kart Mania

Come Alive!!

2-6 Nov



Come Alive Theatre

Devonshire High Tea

Spring in the Hills Tour

Stay at Marion Caravan Park

Photo by Come Alive

Nonna's Kitchen

9-13 Nov



Adelaide Italian Festival

Woodfired Pizza Lunch

Adelaide Central Market Tour

Stay at Marion Caravan Park

Paddle Pop

16-20 Nov



River Murray Paddleboat Cruise

Relaxing Massage

Strawberry Picking

Stay at Marion Caravan Park

Need for Speed

23-27 Nov



Adelaide 500 Live Motor Racing

Go Karting

Birdwood Motor Museum

Stay at Marion Caravan Park

Photo by Supercars Championship

All Aboard

30 Nov-4 Dec



River Torren's High Tea

Relaxing Pamper Session

Cat Cafe Coffee and Cake

Stay at Marion Caravan Park

Festive Fun

7-11 Dec



Santa's Wonderland

Make your own Christmas Chocolate Bouquet

Enjoy Adelaide's Winter Festival Lights

Stay at Marion Caravan Park

Santa Claws

14-18 Dec



All-you-can-eat Christmas Buffet

Cuddle a Koala at Gorge Wildlife Park

Enjoy Lobethal Christmas Lights

Stay at Marion Caravan Park



If there is an experience you are dreaming of, we would love to hear about it. We are all about bringing people together and creating moments worth remembering.

