



My Short Break

Our team at *Charlie Takes A Break* will work with you to ensure you select the perfect Short Break that aligns with your interests and NDIS goals.

About Charlie Takes a Break

Charlie Takes a Break offers you an NDIS sponsored Short Break or respite from your day to day life. You will have the opportunity to relax and refresh, enjoy some great activities and experiences, meet some new friends and have some fun in a safe, supported and comfortable environment.

Our recovery focused Short Breaks involve a small group of 3 participants with the support of a trained and experienced mental health worker.

Short Breaks are themed to reflect the activities and things that are important to you, and that you enjoy. Whether it's art or animals, bowling or BBQs, we have a Short Break just for you.

Short Breaks are all inclusive of

- accommodation - you will enjoy your own private space (bedroom and bathroom usually)
- meals and snacks in line with your specific dietary requirements
- transportation in the community (including pick up to and from your home in the Adelaide metro area)
- activities and entrance fees (as indicated)
- support of a trained and experienced mental health worker who is available 24/7.

Charlie Takes a Break provides a great respite and short break experience for you, usually without any out of pocket expense.

Short Breaks should align with your NDIS goals and are funded through your NDIS core support package. **For participants who live with, or receive at least 6 hours of daily care from informal supports, funding is available through Short Term Respite.**

If you have other funding options you are also encouraged to enquire.

We will arrange to meet with you in advance to explore your unique needs and requirements to ensure that your Short Break is the experience you are looking for.



NDIS Respite • Short Breaks • Experience

Winter 2026 Short Breaks

I ♥ ndis



If you have any queries or would like to know more **please contact us:**

P 0422 013 092

E hello@charlietakesabreak.com.au

W charlietakesabreak.com.au



Wild At Heart

20-24 Jul



Photo by Monarto Safari Park

Giraffe Feeding at
Monarto Safari Park

Cat Cafe

Gold Class Cinema

Stay at Marion Caravan Park

NDIS price \$4,360.30

Fun n' Games

17-21 Aug



Holey Moley Indoor Putt Putt Golf

Electric Go Karting

Virtual Reality Experience

Stay at Marion Caravan Park

NDIS price \$4,360.30

Country Comforts

14-18 Sept



Photo by Captain Proud
Murray Cruise

Captain Proud River Murray Cruise

Massage

High Tea in the Hills

Stay at Marion Caravan Park

NDIS price \$4,360.30

Xmas in July

27-31 Jul



Festive Xmas Buffet Lunch

Hahndorf Farm Barn

Chocolate Bouquet making

Stay at Marion Caravan Park

NDIS price \$4,360.30

Art of Exploration

24-28 Aug



Private Art Class

Adelaide Hills Gallery Tour

Carrick Hill House Tour

Stay at Marion Caravan Park

NDIS price \$4,360.30

Wreck and Roll

21-25 Sept



Photo by Smash Room

Smash Room

Barossa Bowland

Escape Room challenge

Stay at Marion Caravan Park

NDIS price \$4,360.30

Paint the Town

3-7 Aug



SALA Exhibition

Guided Art Class

Crafternoon

Stay at Marion Caravan Park

NDIS price \$4,360.30

Chocaholics

31 Aug-4 Sept



Haigh's Chocolate Factory Tour

Chocolate Dessert Cafe

Experience

Melba's Chocolate Factory

Stay at Marion Caravan Park

NDIS price \$4,360.30

Anastasia

10-14 Aug



Anastasia the Musical

Waterfall Gully High Tea

Pampering Session

Stay at Marion Caravan Park

NDIS price \$4,360.30

Show Stoppers

7-11 Sept



Royal Adelaide Show

Monarto Safari Park

Cinema Experience

Stay at Marion Caravan Park

NDIS price \$4,360.30



If there is an experience you are dreaming of, we would love to hear about it. We are all about bringing people together and creating moments worth remembering.

