



My Short Break

Our team at *Charlie Takes A Break* will work with you to ensure you select the perfect Short Break that aligns with your interests and NDIS goals.

About Charlie Takes a Break

Charlie Takes a Break offers you an NDIS sponsored Short Break or respite from your day to day life. You will have the opportunity to relax and refresh, enjoy some great activities and experiences, meet some new friends and have some fun in a safe, supported and comfortable environment.

Our recovery focused Short Breaks involve a small group of 3 participants with the support of a trained and experienced mental health worker.

Short Breaks are themed to reflect the activities and things that are important to you, and that you enjoy. Whether it's art or animals, bowling or BBQs, we have a Short Break just for you.

Short Breaks are all inclusive of

- accommodation - you will enjoy your own private space (bedroom and bathroom usually)
- meals and snacks in line with your specific dietary requirements
- transportation in the community (including pick up to and from your home in the Adelaide metro area)
- activities and entrance fees (as indicated)
- support of a trained and experienced mental health worker who is available 24/7.

Charlie Takes a Break provides a great respite and short break experience for you, usually without any out of pocket expense.

Short Breaks should align with your NDIS goals and are funded through your NDIS core support package. **For participants living with a carer, funding for Short Breaks is available through Short Term Respite. If you live alone or in Supported Independent Living (SIL) accommodation, funding can be accessed through Community Social and Recreational Activities.** If you have other funding options you are also encouraged to enquire.

We will arrange to meet with you in advance to explore your unique needs and requirements to ensure that your Short Break is the experience you are looking for.



NDIS Respite • Short Breaks • Experience

Autumn 2026 Short Breaks



If you have any queries or would like to know more **please contact us:**

P 0422 013 092

E hello@charlietakesabreak.com.au

W charlietakesabreak.com.au

Roars And Paws

13-17 Apr



Photo by Monarto Safari Park

Lion 360 At Monarto Safari Park
Cuddle A Koala At Cleland Wildlife Park
Coffee And Cake At A Cat Cafe
Stay at Marion Caravan Park
NDIS price \$4,360.30

Art Attack

20-24 Apr

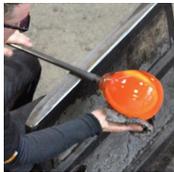


Photo by Jam Factory

Guided Painting Class
Glass Blowing At The Jam Factory
Create Your Own Ceramic Pot
Stay at Marion Caravan Park
NDIS price \$4,360.30

Adventure Arcade

27 Apr-1 May



Photo by Holey Moley

Strike Bowling And Arcade Games
Hi-Jinx Hotel Interactive Challenge Rooms
Holey Moley Indoor Golf
Stay at Marion Caravan Park
NDIS price \$4,360.30

May The Fun Be With You

4-8 May



Virtual Reality Experience At The VR Rooms
Visit The Australian Space Discovery Centre
Build Your Own Lego Spaceship
Stay at Marion Caravan Park
NDIS price \$4,360.30

Tasty Town

11-15 May



Unicorn Dessert Cafe
Haigh's Chocolate Factory Tour
Adelaide Central Market Tour
Stay at Marion Caravan Park
NDIS price \$4,360.30

Choc And Chill

18-22 May



Chocolate High Tea Experience
Relaxing Massage
Scenic Adelaide Hills Drive And Cafe Stop
Stay at Marion Caravan Park
NDIS price \$4,360.30

Fast And Curious

25-29 May



Electric Go-Karting
Virtual Golf Experience
Arcade Games And Dessert Night
Stay at Marion Caravan Park
NDIS price \$4,360.30

Farmyard Friends

1-5 Jun



Photo by Guinea-Pig Cafe

Morning Tea At A Guinea-Pig Cafe
Gorge Wildlife Park
Hahndorf Farm Barn
Animal Feeding
Stay at Marion Caravan Park
NDIS price \$4,360.30

History's Mystery

9-12 Jun



Photo by Aviation Museum

Adelaide Gaol Escape Room
Aviation Museum Tour
South Australian Museum
Stay at Marion Caravan Park
NDIS price \$3,488.25

Cabaret And Cake

15-19 Jun



Pretty Woman The Musical
Afternoon Tea On The Popeye River Torren's Cruise
Relaxing Pampering Session
Stay at Marion Caravan Park
NDIS price \$4,360.30

Craft And Laugh

22-26 Jun



Paint And Sip Mocktail Art Class
Hahndorf High Tea
Craft Class
Stay at Marion Caravan Park
NDIS price \$4,360.30