My Short Break

Our team at *Charlie Takes A Break* will work with you to ensure you select the perfect Short Break that aligns with your interests and NDIS goals.

Short Breaks are all inclusive of

- accommodation - you will enjoy your own private space (bedroom and bathroom usually)
- meals and snacks in line with your specific dietary requirements
- transportation in the community (including pick up to and from your home in the Adelaide metro area)
- activities and entrance fees (as indicated)
- support of a trained and experienced mental health worker who is available 24/7.

Charlie Takes a Break provides a great respite and short break experience for you, usually without any out of pocket expense.

Short Breaks should align with your NDIS goals and are funded through your NDIS core support package. **For participants living with a carer, funding for Short Breaks is available through Short Term Respite. If you live alone or in Supported Independent Living (SIL) accommodation, funding can be accessed through Community Social and Recreational Activities.** If you have other funding options you are also encouraged to enquire.

We will arrange to meet with you in advance to explore your unique needs and requirements to ensure that your Short Break is the experience you are looking for.

About Charlie Takes a Break

Charlie Takes a Break offers you an NDIS sponsored Short Break or respite from your day to day life. You will have the opportunity to relax and refresh, enjoy some great activities and experiences, meet some new friends and have some fun in a safe, supported and comfortable environment.

Our recovery focused Short Breaks involve a small group of 3 participants with the support of a trained and experienced mental health worker.

Short Breaks are themed to reflect the activities and things that are important to you, and that you enjoy. Whether it's art or animals, bowling or BBQs, we have a Short Break just for you.

Charlie Takes a Break

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If you have any queries or would like to know more **please contact us:**

P 0422 013 092
E hello@charlietakesabreak.com.au
W charlietakesabreak.com.au

Charlie Takes a Break

NDIS Respite • Short Breaks • Experience

Summer 2026 Short Breaks

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Schools Out

27-30 Jan

Barossa Bowland
Gold Class Cinema
Pizza Dinner
Stay at Marion Caravan Park
NDIS price $3,488.25

Merry Berry

2-6 Feb

Berenberg Strawberry picking
Barossa Food Tour
High Tea in the Hills
Stay at TBC
NDIS price $4,360.30

Romancing the Stone

9-13 Feb

Moonlight Cinema
Murray Bridge River Cruise
Chocolate bouquet making
Stay at Marion Caravan Park
NDIS price $4,360.30

Horsing Around

16-20 Feb

Monarto Safari Park
Eat like a horse at a buffet lunch
Victor Harbor Tram
Stay at Marion Caravan Park
NDIS price $4,360.30

Drive Me Potty

23-27 Feb

Portobello River Cruise
Go Karting
Mini Golf
Stay at Marion Caravan Park
NDIS price $4,360.30

Arty Party

2-6 Mar

Painting Art Class
D'Arenberg Cube
Art Gallery of SA
Stay at Marion Caravan Park
NDIS price $4,360.30

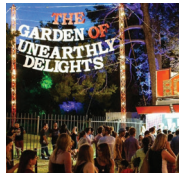
Virtual Reality

10-13 Mar

Flight Simulator
Virtual Golf
Laser Quest
Stay at Marion Caravan Park
NDIS price $3,488.25

Go Wild

16-20 Mar



Enjoy the best of the Adelaide Fringe
Monarto Safari Park
Cinema experience
Stay at Marion Caravan Park
NDIS price $4,360.30

Game for Anything

23-27 Mar

Hi Jinx Hotel
Escape Room
Smash Room
Stay at Marion Caravan Park
NDIS price $4,360.30

Funny Bunny

30 Mar-2 Apr

Easter Craft making class
Hahndorf Farm Barn
Melba's Chocolate Factory
Stay at Marion Caravan Park
NDIS price $3,488.25

If there is an experience you are dreaming of, we would love to hear about it. We are all about bringing people together and creating moments worth remembering.