



My Short Break *Tailored*

We will work with you to design an individualised, one to one, Short Break just for you. Your Short Break will meet your specific needs and wants at a time and place that suits you.

Short Breaks are all inclusive of

- accommodation - you will enjoy your own private space (bedroom and bathroom usually)
- meals and snacks in line with your specific dietary requirements
- transportation in the community (including pick up to and from your home in the Adelaide metro area)
- activities and entrance fees (as indicated)
- support of a trained and experienced mental health worker who is available 24/7

Charlie Takes a Break provides a great respite and short break experience for you, usually without any out of pocket expense.

Short Breaks should align with your NDIS goals and are funded through your NDIS core support package. **For participants living with a carer, funding for Short Breaks is available through Short Term Accommodation and Assistance. If you live alone or in Supported Independent Living (SIL) accommodation, funding can be accessed through Community Social and Recreational Activities.** If you have other funding options you are also encouraged to enquire.

We will arrange to meet with you in advance to explore your unique needs and requirements to ensure that your Short Break is the experience you are looking for.

About Charlie Takes a Break

Charlie Takes a Break offers you an NDIS sponsored Short Break or respite from your day to day life. You will have the opportunity to relax and refresh, enjoy some great activities and experiences, meet some new friends and have some fun in a safe, supported and comfortable environment.

Our recovery focused Short Breaks involve a small group of 3 participants with the support of a trained and experienced mental health worker.

Short Breaks are themed to reflect the activities and things that are important to you, and that you enjoy. Whether it's art or animals, bowling or BBQs, we have a Short Break just for you.



NDIS Respite • Short Breaks • Experience

Spring 2025 Short Breaks



If you have any queries or would like to know more **please contact us:**

P (08) 7969 8755

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W charlietakesabreak.com.au



Paws for Thought

29 Sep-3 Oct



Cats the Musical
Afternoon Tea at a Cat Cafe
Claw a bargain on an
Op shopping tour
Stay at Marion Caravan Park
NDIS price \$4,360.30

Cheeky Monkey

7-10 Oct



Monarto Safari Park Lemur
Experience
Adelaide Nature Festival
Australian Geographic Photo
of the Year Exhibition
Stay at Marion Caravan Park
NDIS price \$3,488.25

Bowled Over

13-17 Oct



Barossa Bowland Dinosaur
Mini Golf
Big Duck Dolphin Tour
Gold Class Cinema Experience
Stay at Marion Caravan Park
NDIS price \$4,360.30

Pot Luck

20-24 Oct



Pottery Class
Carrick Hill Tea and Scones
Australian photographic
dog prize exhibition
Stay at Marion Caravan Park
NDIS price \$4,360.30

Buoys will be Boys

27-31 Oct



BBQ Buoys River Torrens cruise
Go Karting
Jetty Fishing
Stay at Marion Caravan Park
NDIS price \$4,360.30

Spooktacular

3-7 Nov



Glenside Z Ward ghost tour
Adelaide Gaol escape room
Smash Room
Stay at TBC AirBnB
NDIS price \$4,360.30

Nonna's Kitchen

10-14 Nov



Adelaide Italian Festival
Woodfired Pizza Lunch
Adelaide Central Market Tour
Stay at Marion Caravan Park
NDIS price \$4,360.30

Purring along

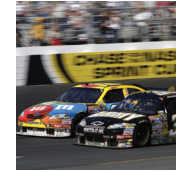
17-21 Nov



River Torren's High Tea
Relaxing Massage
Cat cafe coffee and cake
Stay at Marion Caravan Park
NDIS price \$4,360.30

Zoom Zoom

24-28 Nov



Adelaide 500 live Motor Racing
Go Karting
Birdwood Motor Museum
Stay at Marion Caravan Park
NDIS price \$4,360.30

Art of Relaxation

1-5 Dec



River Murray Paddleboat Cruise
Acrylic Art Class
Spring in the Hills Tour
Stay at Marion Caravan Park
NDIS price \$4,360.30

Winter Wonderland

8-12 Dec



Santa's Wonderland
Make your own Christmas
chocolate bouquet
Enjoy Adelaide's Christmas
Festival Lights
Stay at Marion Caravan Park
NDIS price \$4,360.30

Santa Paws

15-19 Dec



All you can eat Christmas buffet
Monarto Safari Park Tour
Enjoy Lobethal Christmas Lights
Stay at Marion Caravan Park
NDIS price \$4,360.30