



My Short Break *Tailored*

We will work with you to design an individualised, one to one, Short Break just for you. Your Short Break will meet your specific needs and wants at a time and place that suits you.

Short Breaks are all inclusive of

- accommodation - you will enjoy your own private space (bedroom and bathroom usually)
- meals and snacks in line with your specific dietary requirements
- transportation in the community (including pick up to and from your home in the Adelaide metro area)
- activities and entrance fees (as indicated)
- support of a trained and experienced mental health worker who is available 24/7

Charlie Takes a Break provides a great respite and short break experience for you, usually without any out of pocket expense.

Short Breaks should align with your NDIS goals and are funded through your NDIS core support package. **For participants living with a carer, funding for Short Breaks is available through Short Term Accommodation and Assistance. If you live alone or in Supported Independent Living (SIL) accommodation, funding can be accessed through Community Social and Recreational Activities.** If you have other funding options you are also encouraged to enquire.

We will arrange to meet with you in advance to explore your unique needs and requirements to ensure that your Short Break is the experience you are looking for.

About Charlie Takes a Break

Charlie Takes a Break offers you an NDIS sponsored Short Break or respite from your day to day life. You will have the opportunity to relax and refresh, enjoy some great activities and experiences, meet some new friends and have some fun in a safe, supported and comfortable environment.

Our recovery focused Short Breaks involve a small group of 3 participants with the support of a trained and experienced mental health worker.

Short Breaks are themed to reflect the activities and things that are important to you, and that you enjoy. Whether it's art or animals, bowling or BBQs, we have a Short Break just for you.



NDIS Respite • Short Breaks • Experience

Winter 2025 Short Breaks



If you have any queries or would like to know more **please contact us:**

P (08) 7969 8755

E hello@charlietakesabreak.com.au

W charlietakesabreak.com.au



High Lights



7-11 July
Adelaide Illuminate Festival
Haighs Chocolate Factory Tour
Torren's River Cruise
Stay at Marion Holiday Park
NDIS price \$4,210.25

Xmas in July



14-18 July
All you can eat Xmas style buffet
Make your own Christmas
Chocolate Bouquet
Enjoy Adelaide's Winter
Festival lights
Stay at Marion Holiday Park
NDIS price \$4,210.25

Battle Hungry



21-25 July
Maniax Axe Throwing
Treasures of the Vikings Exhibition
at the Australian Museum
Tomahawk Steak dinner
Stay at Marion Holiday Park
NDIS price \$4,210.25

Roars and Claws



28 Jul-1 Aug
Lion 360 Experience at Monarto
Afternoon Tea at a Cat Cafe
Cuddle a Koala at Gorge
Wildlife Park
Stay at Marion Holiday Park
NDIS price \$4,210.25

Brushstrokes



4-8 Aug
SALA Festival
Art Class at Clipboard Art
Plaster Fun Painting
Stay at Marion Holiday Park
NDIS price \$4,210.25

Race Against Time



Photo by Hijinx Hotel

11-15 Aug
Hi-Jinx Hotel Challenge Rooms
Go Karting
10 Pin Bowling and Laser Quest
Stay at Marion Holiday Park
NDIS price \$4,210.25

All Creatures Great and Small



18-22 Aug
Feed the giraffes at the zoo
Milk cows at the Hahndorf
Farm Barn
Afternoon Tea at a Cat cafe
Stay at Marion Holiday Park
NDIS price \$4,210.25

Flying High



25-29 Aug
Boeing 737 Simulator
SA Aviation Museum
Australian Space Discovery Centre
Stay at Marion Holiday Park
NDIS price \$4,210.25

Where the Wild Things are



1-5 Sep
Big Duck Dolphin Boat Tour
Cuddle a Koala at the Gorge
Wildlife Park
Australian Forest, Native Garden
and Wetlands of the Adelaide
Botanic Garden
Stay at Marion Holiday Park
NDIS price \$4,210.25

Best in Show



8-12 Sep
Royal Adelaide Show
Watch the animals showing off
at Monarto
Take in a Show at the movies
Stay at Marion Holiday Park
NDIS price \$4,210.25

Crash and Smash



15-19 Sep
Go Karting
Smash Room
Virtual golf
Stay at Marion Holiday Park
NDIS price \$4,210.25

Paws for Thought



22-26 Sep
Cats the Musical
Afternoon Tea at a Cat Cafe
Claw a bargain on an
Op shopping tour
Stay at Marion Holiday Park
NDIS price \$4,210.25