#### Short Break Tailored

We will work with you to design an individualised, one to one, Short Break just for you. Your Short Break will meet your specific needs and wants at a time and place that suits you.

Short Breaks are all inclusive of

- accommodation you will enjoy your own private space (bedroom and bathroom usually)
- meals and snacks in line with your specific dietary requirements
- transportation in the community (including pick up to and from your home in the Adelaide metro area)
- activities and entrance fees (as indicated)
- support of a trained and experienced mental health worker who is available 24/7

Charlie Takes a Break provides a great respite and short break experience for you, usually without any out of pocket expense.

Short Breaks should align with your NDIS goals and are funded through your NDIS core support package. For participants living with a carer, funding for Short Breaks is available through Short Term Accommodation and Assistance. If you live alone or in Supported Independent Living (SIL) accommodation, funding can be accessed through Community Social and Recreational Activities. If you have other funding options you are also encouraged to enquire.

We will arrange to meet with you in advance to explore your unique needs and requirements to ensure that your Short Break is the experience you are looking for.

## **About Charlie Takes a Break**

Charlie Takes a Break offers you an NDIS sponsored Short Break or respite from your day to day life. You will have the opportunity to relax and refresh, enjoy some great activities and experiences, meet some new friends and have some fun in a safe, supported and comfortable environment.

Our recovery focused Short Breaks involve a small group of 3 participants with the support of a trained and experienced mental health worker.

Short Breaks are themed to reflect the activities and things that are important to you, and that you enjoy. Whether it's art or animals, bowling or BBQs, we have a Short Break just for you.





If you have any queries or would like to know more **please contact us:** 

- **P** (08) 7969 8755
- E hello@charlietakesabreak.com.au
- W charlietakesabreak.com.au



NDIS Respite • Short Breaks • Experience

# Autumn 2025 Short Breaks



## **Everybody's Talking**



Feed a Giraffe at the Zoo Meerkat Mob Encounter Kitten conversations at the cat cafe Stay at Marion Holiday Park NDIS price \$4,210.25

## **Fisherman's Friend**



Jetty Fishing Big Duck Sea Wirrina Boat Tour Gorge Wildlife Park Stay at AirBnB Hallett Cove NDIS price \$4,210.25

## **Easter Feaster**



Create an Easter Chocolate Bouquet Lunch with the bunnies at the Peter

Rabbit Cafe HIIIs cheese and chocolate tour

Stay at AirBnB Walkerville NDIS price \$3,368.20

#### **Fun Lab**



Jinx Hotel Challenge Rooms MOD - A futuristic museum of discovery Bowling Arcade Action Zone Stay at Marion Holiday Park NDIS price \$4,210.25 **Seasonings** 



Hills Autumn leaves foodie tour The Cedars - Garden tour and cafe

lunch Change of season op shopping tour

Stay at Marion Holiday Park NDIS price \$4210.25

## **Fast and Furious**



Go Karting Aviation Museum Let it all out in a Smash Room **Stay at Marion Holiday Park** NDIS price \$4,210.25

## A Moment of Calm



Curiositeas High Tea Popeye Torrens River Cruise Relaxing Massage Stay at Marion Holiday Park NDIS price \$4,210.25

Photo by Curiositeas Room

#### **Beauties and the Beasts**



Beauty and the Beast - The Musical

Monarto Zoo Op Shopping Tour

> **Stay at Marion Holiday Park** NDIS price \$4,210.25

### The Great Escape



Escape Room Challenge Go Karting Let it all out in a Smash Room Stay at Marion Holiday Park NDIS price \$4,210.25

## **The Simple Life**



Barossa Valley Foodie Tour Captain Proud Lunch Cruise Movie Night Stay at Marion Holiday Park NDIS price \$3,368.20

## **Elephant Walk**



Monarto Safari Park Massage Woodfired Pizza Cafe Dining Stay at Marion Holiday Park NDIS price \$4,210.25

#### **Paint and Potter**



Relaxing Paint and Sip Cup of Three - High Tea Pottering Around Pottery Studio **Stay at Marion Holiday Park** NDIS price \$4,210.25