

About Charlie Takes a Break

Charlie Takes a Break offers you an NDIS sponsored Short Break or respite from your day to day life. You will have the opportunity to relax and refresh, enjoy some great activities and experiences, meet some new friends and have some fun in a safe, supported and comfortable environment.

Our recovery focused Short Breaks involve a small group of 3 participants with the support of a trained and experienced mental health worker.

Short Breaks are themed to reflect the activities and things that are important to you, and that you enjoy. Whether it's art or animals, bowling or BBQs, we have a Short Break just for you.

Short Breaks are all inclusive of

- accommodation - you will enjoy your own private space (bedroom and bathroom usually)
- meals and snacks in line with your specific dietary requirements
- transportation in the community (including pick up to and from your home in the Adelaide metro area)
- activities and entrance fees (as indicated)
- support of a trained and experienced mental health worker who is available 24/7

Charlie Takes a Break provides a great respite and short break experience for you, usually without any out of pocket expense.

Short Breaks should align with your NDIS goals and are funded through your NDIS core support package. If you have other funding options you are also encouraged to enquire.

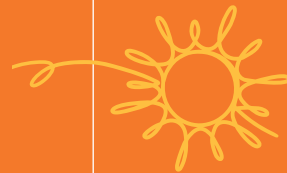
We will arrange to meet with you in advance to explore your unique needs and requirements to ensure that your Short Break is the experience you are looking for.



NDIS Respite • Short Breaks • Experience



Spring 2024 Short Breaks



My Short Break *Tailored*

We will work with you to design an individualised, one to one, Short Break just for you. Your Short Break will meet your specific needs and wants at a time and place that suits you.



If you have any queries or would like to know more **please contact us:**

P (08) 7969 8755

E hello@charlietakesabreak.com.au

W charlietakesabreak.com.au



Old MacDonald

30 Sep-4 Oct



Captain Proud River Murray Cruise
Beerenberg High Tea
Chocolate and Cheese Tour
Stay at Hahndorf Farm stay
NDIS price \$4,210.25

Trick or Treat Retreat

28 Oct-1 Nov



Halloween Ghost Tour
Adelaide Gaol Escape Room
Trick and Treat Chocolate Bouquet
Stay at Marion Holiday Park
NDIS price \$4,210.25

Over the Rainbow

25-29 Nov



Clipboard Art Class
Uniqorn Cafe Lunch
Paint a Pot at 'Pottering Around'
Cafe
Stay at Marion Holiday Park
NDIS price \$4,210.25

Adrenaline Rush

8-11 Oct



Go Karting
Axe Throwing
Virtual Golf
Stay at Marion Holiday Park
NDIS price \$3,368.20

Cup Carnival

4-8 Nov



Melbourne Cup Lunch
Adelaide Hills Pony experience
Fashion on the Field Op
shopping tour
Stay at Marion Holiday Park
NDIS price \$4,210.25

Puddles, Picnics and Pampering

2-6 Dec



Popeye Torrens River Cruise
Picnic at Gorge Wildlife Park
Table Massage
Stay at Marion Holiday Park
NDIS price \$4,210.25

The Mane Attraction

14-18 Oct



Lion 360 at Monarto Safari Park
Afternoon Tea at a Cat Cafe
Australian Geographic Nature
Photographer of the Year Exhibition
Stay at Marion Holiday Park
NDIS price \$4,210.25

Revy, Steady, Go!

11-15 Nov



Vailo 500
Electric Go Karting
Birdwood Motor Museum
Stay at Marion Holiday Park
NDIS price \$4,210.25

Holly Jolly

9-13 Dec



Christmas Buffet Lunch
Santa's Wonderland
Visit the Lobethal Christmas Lights
Create a chocolate Xmas Bouquet
Stay at Marion Holiday Park
NDIS price \$4,210.25

Beauty and The Greek

21-25 Oct



Grease the Musical
Greece the Meal
Grease the Massage
Stay at Marion Holiday Park
NDIS price \$4,210.25

Finding Nemo

18-22 Nov



Big Duck Dolphin Tour
Portobello Boat Lunch Cruise
Aquarium tour
Stay at Brighton Beach House
NDIS price \$4,210.25

Christmas Cracker

16-20 Dec



Christmas Buffet Lunch
Santa's Wonderland
Visit the Lobethal Christmas Lights
Create a chocolate Xmas Bouquet
Stay at Marion Holiday Park
NDIS price \$4,210.25